Evolution of female choice under intralocus sexual conflict and genotype-by-environment interactions

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In many species, females are hypothesized to obtain ‘good genes’ for their offspring by mating with males in good condition. However, female preferences might deplete genetic variance and make choice redundant. Additionally, high-condition males sometimes produce low-fitness offspring, for example because of environmental turnover and gene-by-environment interactions (GEIs) for fitness, or because fit males carry sexually antagonistic alleles causing them to produce unfit daughters. Here, we extend previous theory by investigating the evolution of female mate choice in a spatially explicit evolutionary simulation implementing both GEIs and intralocus sexual conflict (IASC), under sex-specific hard or soft selection. We show that IASC can weaken female preferences for high-condition males or even cause a preference for males in low condition, depending on the relative benefits of producing well-adapted sons versus daughters, which in turn depends on the relative hardness of selection on males and females. We discuss the relevance of our results to conservation genetics and empirical evolutionary biology.

This article is part of the theme issue ‘Linking local adaptation with the evolution of sex differences’.

1. Introduction

Selection resulting from mate choice preferences can profoundly affect evolution and demography, and can favour striking adaptations such as song, dance and elaborated coloration [1]. One hypothesis is that mate choice preferences evolved to allow the choosy sex (hereafter ‘females’ for brevity) to select mates carrying ‘good genes’ (using associated phenotypic cues, such as condition-dependent sexual signals [2]), such that alleles encoding mate choice will be found in high-fitness females more often than alleles encoding random mating [3].

A perennial problem for good genes models is that mate preferences tend to deplete genetic variance, making choice redundant and selecting against choosiness whenever it has a cost (the ‘lek paradox’, e.g. [4]). Another problem is that the notion of good genes is subjective. Because gene-by-environment interactions (GEIs) are ubiquitous [5], many alleles only confer high fitness in certain environments. Choosy females may, therefore, obtain alleles that were advantageous in the male’s environment, but which are disadvantageous in the environment experienced by their offspring, due to spatial and/or temporal environmental turnover. Similarly, many alleles confer high fitness when expressed in the environment of a male body, but low fitness in a female body, or vice versa [6,7]. Such intralocus sexual conflict (IASC) means that females selecting high-condition males may, therefore, produce fit sons but unfit daughters, reducing or reversing the net fitness of mate choice [8].

Alternatively, IASC might sometimes drive the evolution of female choice. Seger & Trivers [9] showed that females can evolve to prefer males carrying female-beneficial/male-detrimental alleles, due to either a build-up of linkage
dis-equilibrium between female preference and sexual antagonistic loci, or partial population-mixing by migration between demes. Albert & Otto [10] studied the effects of IASC on female-choice evolution under different sex-determination systems. They found that if both the IASC locus and the female choice locus are autosomal, female choice cannot evolve.

Similarly, modelling work has shown that GEIs can both help and hinder the spread of alleles encoding female preference [11,12]. However, few if any previous models have simultaneously examined the effects of IASC and GEIs on female-choice evolution. Since GEIs help maintain genetic variance, they help resolve the lek paradox by maintaining locally maladapted alleles. Conversely, GEIs lead to ‘mistakes’ whereby females choose a male whose alleles are poorly adapted to the environment that their offspring will experience, reducing the benefits of being choosy. Interestingly, these two effects do not cancel out; occasional mistakes actually promote the evolution of mate choice, as they help maintain a pool of maladapted males for choosy females to avoid.

We hypothesize that when individual condition depends on both local adaptation and IASC, a female preference for high-condition males may yield locally adapted offspring, but runs the risk of producing unfit daughters. An additional complication is that the proportion of genetic variance in fitness that is sexually antagonistic is not fixed, but varies dynamically in response to processes such as migration, local adaptation, environmental changes and assortative mating (e.g. empirical evidence [13–16] and theory [17,18]).

Here, we use individual-based simulations to jointly study the evolution of female mate preferences, local adaptation under GEIs, IASC and sex-specific (potentially co-evolving) dispersal behaviour. Our principal aims are to test whether female preferences evolve more or less easily in populations carrying sexually antagonistic alleles and to determine whether the conclusions of past work regarding mate choice under GEIs are robust to the addition of co-evolving sexual conflict loci. We consider a range of assumptions about sex-specific dispersal, the scale of competition, and the relative importance of IASC and local adaptation to individual condition.

2. Material and methods

(a) The meta-population

We model a population of sexually reproducing, dioecious haploids subdivided over K discrete habitat patches. The habitat patches are arranged linearly in a ring, such that every patch has two neighbours and there are no ‘edge effects’. Each patch has an environmental state $E_k$, which can be thought of as an ecological variable that affects fitness. Each individual has a ‘condition’ (range: 0–1), which affects the fecundity of females and the mating probability of males (provided at least one choosy female is present). Each individual carries a ‘local adaptation’ locus, which determines the value of $E_k$ that maximizes that individual’s condition. Each individual also carries a ‘sexual conflict’ locus (which affects condition in a sex-specific manner), two loci controlling sex-specific dispersal and two loci controlling female preferences, for a total of six loci.

(b) The environment

We create four different types of environment (see electronic supplementary material, §A for detailed methods and sample time series), where (i) $E$ values are static and homogeneous across habitat patches, (ii) $E$ values are static but heterogeneous across habitat patches, (iii) $E$ values are heterogeneous and fluctuate mildly across patches or (iv) $E$ values are heterogeneous and fluctuate strongly across patches. In the last two types, $E$ values are temporally and spatially autocorrelated such that nearby patches and time points tend to have similar $E$.

(c) Condition, mate choice and reproduction

We model discrete generations in which individuals are born, disperse, reproduce and then die. We assume that an individual’s condition is determined by (i) the match between its genotype at the local adaptation locus and the environment(s) it encounters and (ii) its genotype at the sexual conflict locus. Specifically, the condition ($\xi$) of an individual in the reproduction phase is a weighted average of its conditions in the natal and breeding patches. In equation (2.1), the subscripts $N$ and $B$ represent the effects on condition of the environmental states in the natal and breeding patches, respectively, while $C$ (concordant) and $A$ (antagonistic) represent the effects on condition of the local adaptation and sexual conflict loci. The relative importance of the natal versus breeding habitats in determining condition is weighted by $k_{\text{natale}}$ while $k_{\text{local}}$ (local adaptation) controls the relative contributions of local adaptation versus sexual conflict to individual condition. The condition of an individual at the time of breeding is then

$$
\xi = k_{\text{natale}}(h_{\text{local}}E_k + (1-k_{\text{natale}})s_{\xi,C}) + (1-k_{\text{natale}})(h_{\text{local}}E_k + (1-k_{\text{local}})s_{\xi,A}).
$$

For the local adaptation locus, condition is maximized when the individual’s genotype ($\phi$) exactly matches the environmental state $E$, and decreases exponentially as the phenotype deviates from it, so that $s_{\xi,C} = \text{Exp}(\Phi - E)$, where $\Phi$ can take either $N$ (on natal patch) or $B$ (on breeding patch). For the sexual conflict locus, we consider two different causes of sexual antagonistic selection. In the first scenario, sexual conflict arises from IASC, and we assume that an individual with allelic value $x$ at the locus has the condition component $\xi_A = x$ if the individual is male, and $\xi_A = x - \Phi(x = 0, C)$ if the individual is female. In the second scenario, sexual conflict arises from different environmental optima for males and females. In this case, we consider an independent environmental state $E$ (details in electronic supplementary material, §A), and males have the condition component $\xi_A = (x = 0, A)$ while females have $\xi_A = x$ (i.e. selection on $E$ values while female condition is better at lower $E$ values). For males, condition affects fitness by influencing the probability of mating, assuming that at least one of the females in the patch is choosy. We model the relative preference of a female for a male of condition $\xi$ using a beta distribution function $B(\alpha, \beta) = \int_0^1 \beta(\beta) \text{Beta}(\alpha, \beta) d\beta$, where $\xi \in (0, 1)$, and $\alpha$ and $\beta$ are female preference factors that determine the shape of the preference curve. Random mating occurs when $\alpha = \beta = 1$. Increasing $\alpha$ makes females decrease their preference for low-condition males but increase their preference for high-condition males; increasing $\beta$ makes females decrease their preference for high-condition males but increase their preference for low-condition males. Some pairs of $\alpha$ and $\beta$ values yield a hump-shaped preference for males in intermediate condition, and others give a U-shaped preference for males with either low or high condition. In electronic supplementary material, §B, we explain our motivation for choosing this flexible function.

For females, $\xi$ affects the number of offspring produced. In simulations assuming global female competition, the number of offspring produced by a females with condition $\xi$ is drawn from a Poisson distribution with mean $5\xi$ (i.e. selection on
female condition is ‘hard’). To keep population size constant, we randomly cull each offspring cohort to 5000. If females compete locally (i.e. selection of female condition is ‘soft’), female fecundity is normalized so that a female with condition $\xi$ in a patch of $n_f$ females produces $5000\xi/K, \sum_{\xi} \xi$ offspring, rounded to the nearest integer, where $K$ is the number of patches containing at least one male and one female.

We assume that females mate with a single male, though males can mate multiply. Each female chooses a mate from her breeding patch; each male’s probability of being picked depends on the female’s preference function and the male’s condition relative to his competitors (i.e. selection on male condition is always soft). Each offspring inherits one allele from its father or mother with equal, independent probability at each of the six loci. Mutations occur by varying the allelic values at each locus by a normally distributed random number with mean 0 and standard deviation $\mu$, where $\mu = 0.001$ for the female preference loci and $\mu = 0.01$ for the other four loci. We use a smaller mutation size at the mate choice loci because the shape of female preference function is very sensitive to the allelic values, so larger $\mu$ values make the simulations less repeatable. The sex of each offspring is determined randomly (1:1 sex ratio).

(d) Dispersal

Each individual carries two loci controlling sex-specific dispersal, termed $d_i$ (only expressed in females) and $d_m$ (only expressed in males). Each individual disperses with a probability equal to its allelic value at the relevant locus. Those that disperse move left or right (with equality probability) a certain number of patches, where the probability of moving $x$ patches is $p(1-p)^{x-1}$ (consider a null model for random walk dispersal with constant settlement probability; see [19]), with $p = 0.35$ in all simulations. We assume that passing through each patch is equally risky, such that the mortality rate of an individual that crosses $x$ patches during dispersal follows a cumulative geometric distribution function $1 - (1 - p_m)^x$, where $p_m = 0.1$ in all simulations.

(e) Running the simulations

We initialized the meta-population by randomly distributing 5000 ‘founder’ individuals with a 1:1 sex ratio across 50 habitat patches. In the founders, the local adaptation and sexual conflict loci take allelic values uniformly distributed between 0 and 1. In some simulations (indicated in the Results), we fixed the dispersal probability loci $d_m$ and $d_i$ at constant values, while in others, we set $d_m = d_i = 0.15$ in the founders and then allow both loci to evolve. The loci controlling the female preference function, $a$ and $b$, were set to 1 in all founders (i.e. random mate choice).

After dispersal and before reproduction, we recorded the mean dispersal probabilities, the mean condition within each sex, the mean $a$ and $b$ values of females, and the allelic value distribution at the mate choice and sexual conflict loci. After the offspring generation replaced their parents, we updated the environmental state $E$ (and $E'$ if sexual conflict arises from sex-specific environmental optima) of each patch (except in simulations with a static environment), and began the life cycle anew. Each simulation was run for $10^4$ generations. By the end of the simulations, the conditions of males and females, the sexually antagonistic trait distribution, and the sex-specific dispersal probability (if allowed to evolve) had long reached equilibrium; the $a$ and $b$ values at the female preference loci were sometimes still variable, but within the range that the fluctuations do not influence the shape of the female preference function qualitatively.

3. Results

(a) IASC alone can drive the evolution of female choice in constant and homogeneous environment when females are under harder selection than males

Under a constant and homogeneous environment across habitat patches, when individual condition is determined solely by the IASC locus and both sexes compete locally (i.e. soft selection), we find that female choice does not evolve at any dispersal rate ($a \approx b \approx 1$, figure 1a). When dispersal is absent (inset of 1a), we recover a result from the dispersal-free model of Albert & Otto ([10]; model assuming autosomal linkage).

By contrast, under global competition between females (i.e. hard selection on females, soft selection on males), females evolve to prefer low-condition males ($a < 1$ and $b > 1$), particularly when the dispersal rate is non-zero (figure 1b). This result occurs because females choosing a low-condition male benefit by producing fitter daughters due to IASC, which is especially important when selection on condition is harder in females than males. Conversely, choosing a male that will produce high-condition daughters is less important under local female competition, because the resulting soft selection causes the relationship between condition and fitness to saturate faster (since attaining high enough condition to monopolize productivity in the local patch is easier than for the whole meta-population).

One might think that the fitness costs of producing low-condition sons would be considerable, discouraging a preference for low-condition males, but it is important to note that, we assume that a male’s condition only affects his fitness by influencing his attractiveness to females. When most females prefer low-condition males, alleles that reduce male condition actually confer a direct fitness benefit to the males carrying them. The surprising result that females evolve to preferably mate with low-condition males was also found in previous models (e.g. [9,10]). The result implies that the invasion of a new female preference strategy favouring male phenotypes that are unattractive to the resident strategy can proceed as an evolutionary runaway. Specifically, the costs of this strategy (i.e. sons that are unattractive to females playing other strategies) diminish as the preference for low-condition males becomes more common.

If individual condition is determined solely by local adaptation, the only case where female choice cannot evolve is the combination of soft selection and the absence of dispersal (the inset of figure 1c); otherwise, females evolve to prefer high-condition males. This result is intuitive because high-condition males are more locally adapted and there is no reduction in daughter fitness since IASC is absent. Females who prefer to mate with high-condition males will produce better-adapted sons that will be preferred by other choosy females in the population.

When selection on females is hard, female preferences are strongest when dispersal is present but rare; high dispersal rates result in weaker preference, which was also found previously [20]. When selection is soft on females, dispersal rate (when positive) has little effect on the strength of female preference.

(b) Co-evolution of female choice and dispersal

In the previous section, we assumed that the dispersal probabilities of males and females were fixed, and we also set $k_{LA}$
condition determined solely by IASC

Figure 1. Evolved $\alpha$ (red) and $\beta$ (blue) values under constant and homogeneous environment as dispersal probability increases, when condition is determined either solely by IASC or solely by adaptation to the environment, and when females compete either locally (soft selection) or globally (hard selection). The error bar plots show the mean and standard deviation of 30 independent simulation realizations. The inset in each panel shows the distribution of $\alpha$ (red) and $\beta$ (blue) values among individuals within a meta-population at the end of simulation.

We find that when selection on females is hard and sexual conflict arises from IASC (figure 2a, yellow panel), females evolve to prefer low-condition males if sexual conflict is strong ($k_{LA}$ is relatively small), but prefer high-condition males when local adaptation becomes more important ($k_{LA}$ is relatively large). By contrast, if sexual conflict arises from a difference in environmental optima between the sexes, females always evolve to prefer high-condition males, and the preference increases with the relative weight of local adaptation (figure 2a, green panel). In this case, since all males respond to the constant environmental condition in the same way, the differences in their condition candidly reflect the differences in their degree of local adaptation.

When selection is soft on both sexes (figure 2b), females never evolve to prefer low-condition males, which is consistent with our results in the previous section. In addition, female preference for high-condition males only evolves when the relative weight of local adaptation in determining individual condition ($k_{LA}$) is relatively high, no matter whether sexual conflict arises from IASC or different environmental optima between the sexes. Interestingly, the strength of female choice first increases and then decreases as $k_{LA}$ approaches 1 (figure 2b). This result is consistent with our prediction that the presence of a moderate amount of sexual antagonistic variance in fitness increases the fitness benefits of female choice, e.g. by causing females to occasionally mistake male-beneficial genotypes for locally adapted ones.

Starting from the same initial dispersal probability ($d_{in} = d_{f} = 0.15$), females always evolve to an equilibrium dispersal probability close to 0 (but not equal to 0, due to mutation-selection balance) and males evolve higher dispersal probabilities than females. The combined effect of polygynous mating system and demographic stochasticity causes spatio-temporal variation in the reproductive success to be higher for males than for females [21,22]. Additionally, male dispersal probability decreases as $k_{LA}$ increases; this is because local adaptation is more important to fitness, and condition provides more information about male genetic quality as $k_{LA}$ increases.

In addition, dispersal is more male-biased when females compete locally rather than globally, especially when $k_{LA}$ is small. This is because the odds of dispersing to a patch containing many females are higher when females are under soft selection (i.e. all patches produce the same amount of offspring) rather than hard selection (causing some patches to be empty). Under global female competition, the number of offspring produced per patch can differ greatly, resulting in 'super-patches' containing many individuals and because most successful dispersal events are relatively short ranged, the typical meta-population state is that most individuals are located in a few clusters of highly
populous patches separated by empty space (this was determined by inspecting several simulations). Therefore, compared with local competition, when females are under global competition, the patch in which a male is born is more likely to contain more females than the one he migrates to, making it worth staying despite the presence of more competitors.

Furthermore, the equilibrium dispersal probability of males is higher when sexual antagonism arises from a sex difference in environmental optima than when it arises from IASC, especially when $k_{LA}$ is small (figure 2c–d, compare the green panels and yellow panels). When sexual conflict arises from sexually dimorphic environmental optima, all males in the same patch react to the environment in the same way, and thus have exactly the same sexually antagonistic component of condition, and consequently, the overall conditions of males are more similar than the case where sexual conflict arises from IASC. The small differences between male conditions reduce the benefit of female choice, and the consequent random choice of females intensifies kin competition between brothers, selecting for higher dispersal.

(c) Effect of environmental heterogeneity and stochasticity

Up to now, we have always kept the environmental conditions constant and homogeneous; we now relax these assumptions and allow the environment to vary across patches and fluctuate over time. As shown in figure 3, some general patterns still hold, for example: (i) females can evolve to prefer low-condition males only if sexual conflict arises from IASC, selection is hard on females, and $k_{LA}$ is relatively small and (ii) females always evolve to prefer high-condition males when sexual conflict is weak and condition depends mainly on the degree of local adaptation ($k_{LA}$ is close to 1).

The different types of environments also have their specific features. For example, when the environment is static and heterogeneous and sexual conflict arises from different environmental optima between the sexes, female preference for high-condition males easily evolves when females compete locally, but not so easily when females compete globally (compare the green panels in figure 3a,b).
This pattern is the opposite to the previous case of environmental homogeneity (green panels in figure 2a,b). This is because environmental heterogeneity allows for local adaptation, such that females benefit by avoiding maladapted immigrant males [11]; the effect is weaker under global competition since then, most individuals live in a few ‘super patches’ to which they are already well adapted. When the environment also fluctuate over time, the parameter space where females prefer high-condition males shrinks and the strength of female preference also weakens as the environmental fluctuation becomes stronger, as the benefit from local adaptation lessens.

(d) Effect of female choice on the condition of males and females and IASC allelic valuedistributions
To understand the effect of female choice on the condition of males and females, we created scenarios where the evolution of female choice was prevented. In figure 4, we show the equilibrium conditions of males and females and the allelic value distribution at the IASC locus when female choice is prevented. In figure 4, we show the effect of female choice on the condition of males and females and the IASC allelic valuedistributions.

When females compete globally, they always have either higher or equal condition when female choice is allowed than when females are forced to mate randomly. When females evolve to prefer low-condition males (e.g. when \( k_{LA} = 0.1 \) in figure 4a), females have higher condition because the low-condition males carry female-beneficial alleles at the IASC locus, as shown in the allelic value distribution, the frequency of male-beneficial alleles (with allelic values close to 1) is higher when female choice is allowed (green) than when females are forced to mate randomly (magenta). When females evolve to prefer high-condition males (e.g. when \( k_{LA} = 0.9 \) in figure 4f), choosy females are better off in condition than random-mating females because they benefit from mating with locally adapted males. Note that in this parameter region, \( k_{LA} \) is high and sexual conflict is weak, so that the benefit from mating with high-condition (probably locally adapted) males offsets the detrimental effects of IASC on daughter fitness. As shown in the allelic value distribution, male-beneficial alleles (with allelic values close to 1) have higher frequency when female choice is allowed.

By contrast, when females compete locally so that each of the habitat patch produces the same number of offspring, female conditions sometimes are lower when mate choice is allowed than when it is prevented on purpose (e.g. when \( k_{LA} = 0.2 \) in figure 4b), suggesting a ‘tragedy of the commons’ whereby the evolved female mating strategy (i.e. accept some reduction in daughter fecundity in exchange for elevated son mating success) reduces the average number of offspring produced by each individual in the population. The tragedy of the commons happens when sexual conflict is strong and disappears when the relative weight of local adaptation in determining individual condition (\( k_{LA} \)) becomes large enough (see results for alternative environmental conditions in electronic supplementary material, figure S5). When females are under soft selection, the evolution of female choice

\[
LA = \begin{cases} 
0 & \text{under local female competition}, \\
\alpha & \text{under global female competition and when } k_{LA} = 0.5 \text{ under global female competition and when } k_{LA} = 0 \text{ under local female competition, as shown figure 4.}
\end{cases}
\]
always shifts the distribution of allelic values towards male-beneficial and female-detrimental alleles, particularly when $k_{LA}$ is large (meaning IASC has only a small/moderate effect on condition). Additionally, the evolution of female choice creates a bimodal distribution of allelic values at the IASC locus, with the frequency of male-beneficial alleles rises as $k_{LA}$ increases, showing that the evolution of female choice can elevate the proportion of genetic variance in fitness that is sexually antagonistic, which concurs with the results of [17].

4. Discussion

Mate choice evolution is a complex problem when one jointly considers sexually concordant and antagonistic variance in fitness, the scale of competition, and co-evolution between mate choice, adaptation and dispersal. Although we recapitulated the results of Albert & Otto [10] that females should not evolve mate choice for phenotypes encoded by sexually antagonistic autosomal alleles (figure 1a, inset), we find that female choice does evolve when individual condition jointly depends on IASC and local adaptation. The strength and even the sign of the female preference can change, depending on the relative importance of IASC and local adaptation, which in turn is likely to depend on multiple evolving and non-evolving parameters (e.g. the demography and evolutionary history of the population, and spatio-temporal variance in the abiotic environment).

We found some evidence that IASC can select for stronger female choice by helping to preserve genetic variation, as previously found for GEs [11,12], though the effect was weak. Rather, female preference for high-condition males weakens as IASC intensifies (i.e. with decreasing $k_{LA}$), because the benefits of getting locally adapted alleles and fit sons are partly negated by reduced daughter fitness. Female preference for high-condition males diminished and sometimes even flipped towards low-condition males, when selection to maximize daughter fitness is sufficiently strong. This surprising result only occurs when females compete globally (i.e. when female condition is under hard selection), making it especially advantageous to produce fit daughters, and when environmental turnover is rapid, making it less important to obtain locally adapted alleles.

Previous theoretical work has provided additional reasons why females might evolve to prefer low-condition males, such as sex linkage of female choice and/or sexual conflict locus [10] and parental care [23]. It is also shown experimentally that zebra finches (Taeniopygia guttata) females prefer high/low-condition males if they themselves are of high/low condition, perhaps because low-condition females benefit by avoiding competition with high-condition females for the best males [24]. In the context of Cotar et al. [23] and Holveck & Riebel [24], mate competition among females was a prerequisite for some females to prefer low-condition males. Here, we showed that IASC can cause females to prefer low-condition males even when female mate competition is absent.

Our model showed that when selection on females is hard (global) while selection on male is soft (local), females are more likely to evolve a preference for female-beneficial, male-detrimental genotypes. In natural populations of animals, selection is often softer on males than on females, because soft selection results from local density- and frequency-dependent effects on fitness [25], and male fitness is often more strongly affected by the number and quality of local same-sex competitors than is female fitness [26,27]. This trend suggests that IASC probably does limit the evolution of female preferences for ‘male’ phenotypes (i.e. those detrimental when expressed in females) in most species. However, the
magnitude (and perhaps sign) of the sex difference in the softness of selection may vary substantially between taxa; for example, it might be comparatively small in species/populations with strict monogamy, obligate paternal care or intense local female–male competition (all of which affect the relative scale of competition in each sex).

To illustrate the application of this idea, we consider two Drosophila experimental evolution studies, both of which manipulated the mating system and then tested whether the transcriptome evolved masculinization or feminization, but which obtained opposite results. Our model suggests a novel explanation for this disparity. Hollis et al. [28] and Veltsos et al. [29] both experimentally imposed random monogamy by rearing flies in vials (subpopulations) containing one male and one female, and predicted that monogamy would remove the benefits of male competitive adaptation, and thereby select for transcriptional feminization. However, the studies’ non-monogamous treatments were different: polygynandry (five males and five females per subpopulation) was used in [28], while polyandry (six males and one female) was used in [29]. The polygynandry treatment facilitates local female competition, while the polyandry treatment imposes global selection on females. This means that in [28], the monogamy treatment removes sexual selection on males as well as hardening selection on females (relative to the polygynandrous control), both of which are predicted to feminize the phenotype and was observed in [28]. By contrast, hard selection on female condition is imposed under both treatments in [29]. Our model predicts that mate choice feminizes the phenotype under hard selection (cf. figure 4a,b; the condition of females/males is generally higher/lower under global female competition), so removing choice via enforced monogamy should masculinize the phenotype, as found in [29]. Our explanation is not mutually exclusive with other hypotheses for the discrepancy in results (see [29]), but it highlights the value of considering the sex-specific softness of selection, and perhaps addressing it with targeted experiments, in future work.

Another interesting result is that the evolution of female mate choice sometimes caused a ‘tragedy of the commons’ when females are under soft selection and IASC is strong, whereby females evolved to prefer males carrying alleles that reduce fecundity of the female’s daughters, causing a population-wide fitness reduction relative to a randomly-mating population. Female choice also preserved genetic variation at the antagonistic locus, exacerbating IASC. This result echoes recent empirical work in the seed beetle Callosobruchus maculatus showing that selection favours genotypes that reduce female fitness and population productivity, because these genotypes pleiotropically elevate male mating success [30]. Furthermore, this result has conservation implications.Selective harvesting of males with exaggerated secondary sexual traits has been proposed to greatly harm population mean fitness by removing highly attractive males carrying ‘good genes’ [31], but we hypothesize that IASC would weaken or reverse this effect. Similarly, captive breeding programs that allow animals to choose their mates in order to aim to maximize genetic quality [32] may end up favouring male-beneficial, female-detrimen tal alleles; it might be better to breed from males who have fit female relatives. Lastly, anthropogenic change that disrupts female choice has been suggested to genetically weaken population [33,34], but again, this assumes that females prefer genotypes that elevate population fitness.

In this work, we limited the types of sexual conflict to IASC and sexually dimorphic environmental optima, but it is worth noting that IASC and inter-locus sexual conflict (IRSC) are closely linked [6,35]. Resolving IASC by allowing each sex to reach its own phenotypic optimum does not necessarily improve the fitness of the population, particular because ‘well-adapted’ males may possess more harmful competitive adaptation (i.e. reducing IASC might elevate IRSC). For example, several insect experimental evolution studies have concluded that selection favours harmful male phenotypes, reducing the fitness of females interacting with them [36–38]. In plants, a recent experimental evolution study concluded that pollen competition selects for more competitive pollen tube growth, but these competitive male traits harm the fitness of the recipient plant (IRSC) as well as reduce seed production of the same plant (IASC) [39]. Lastly, a recent model found that the interactions of IASC and IRSC can prevent populations from reaching evolutionary equilibria when female choice is under strong pleiotropic constraints, but trigger a new co-evolution arms race between the sexes [40]. In this light, it could be interesting to extend our model to similarly incorporate IRSC, for example, by reframing it as a model of male coercion and female resistance, rather than of male quality and female preference.


Competing interests. We declare we have no competing interests.

Funding. We received no funding for this study.

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